



Transforming the world, one child at a time.

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OVERVIEW OF PROFESSIONAL DEVELOPMENT 2021



GENERAL

Due to the ongoing Global Pandemic, all Professional Development sessions are in ZOOM mode apart from some planned face to face seminars in Perth.

Face to face seminars will shift to ZOOM if there are local Covid outbreaks.

It is unlikely that we will be presenting any courses face to face in other states of Australia or internationally this year.

We are available to present face to face seminars at your school in WA unless there are virus outbreaks.

We can also provide specific digital PD for your school needs.

Call us on + 61 409 911135 or email martin@vcprograms.com for more information and charges.

The courses are colour coded to help you find the courses you might need.

➤ **Literacy seminars**

➤ **EQ/Growth Mind-set related**



February

- **Sunday 14/2 INTRODUCTION TO JOLLY LEARNING (5:00-6:00pm) Free** ★
- **Fri 19/2 JOLLY PHONICS (8:00-2:00 pm)**
- **INTRODUCTION TO GROWTH MINDSET- Sunday 21 Feb (5:00-6:00 pm) Free** ★
- **Sunday 28/2 HELPING CHILDREN SET GOALS AND DEVELOP MOTIVATION AND FOLLOW-THROUGH (4:00-6:00 pm)**

Perth based face to face: In- school PD only

March

- **Sunday 7/3 USING JOLLY PHONICS TO HELP CHILDREN WITH LEARNING DIFFICULTIES (4:00-6:00 pm)**
- **Tuesday 9/3 TEACHING FLEXIBILITY AND RESILIENCE (6:30-8:30 pm)**
- **Sunday 14/3 CREATIVE APPROACHES TO JOLLY GRAMMAR 1 AND 2 (4:00-6:00 pm)**
- **Monday 15/3 JOLLY PHONICS -full day (8:00-2:00)**
- **Sunday 21/3 NEW START (4:00-6:00 PM)**
- **Tuesday 23/3 TEACHING WRITING WITH JOLLY PHONICS (6:30-7:30) Free** ★

Perth based face to face: In- schools PD only

April

- **Saturday 3/4 GET SET GO!**
DEVELOPING PHONOLOGICAL AWARENESS
GENERAL SCHOOL READINESS (4:00-6:00 pm)
- **Sunday 11/4 ALL KIDS ARE SMART-DEVELOPING POTENTIAL (4:00-6:00 pm)**
- **Friday 16/4 SILVER LININGS (6:00-8:00 pm)**
- **Sunday 18/4 CREATIVE APPROACHES TO JOLLY GRAMMAR 3 AND 4 (4:00-6:00 pm)**
- **Sunday-Monday 25/4, 26/4 LITERACY GARDEN (2 full days)**



Perth based face to face:

Thursday April 1-JOLLY LEARNING-I day intensive Jolly Phonics and Jolly Grammar

In- schools PD

May

- **Sunday 2/5 CREATIVE APPROACHES TO JOLLY GRAMMAR 5/6 (4:00-6:00 pm)**
- **Sunday 9/5 DEVELOPING SPELLING SKILLS (4:00-6:00 pm)**
- **Tuesday 11/5 PICTURE BOOKS AS A HEALING TOOL (6:00-7:00 pm)-Free**
- **Thursday 13/5 ART FROM THE HEART (6:30-8:30)**
- **Tues 18/5 BREAKING THROUGH THE BARRIERS (6:30-8:30 pm)**
- **Sunday 30/5 4-6 USING PICTURE BOOKS TO TEACH PHONICS/READING/WRITING (4:00-6:00 pm)**



Perth based face to face:

Thursday 6/7 May STAR (9:00-3:00 pm)

Thursday 20/5 GROWING YOUNG WRITERS (9:00 -3:00 pm)

In- schools PD

June

- **Sunday 6/6 CREATIVE APPROACHES TO JOLLY PHONICS (4:00-6:00 pm)**
- **Friday 11/6 JOLLY GRAMMAR – Full day (8:00 am-2:00 pm)**
- **Sunday 13/6 USING JOLLY PHONICS WITH LEARNING DIFFICULTIES (4:00-6:00 pm)**
- **Monday 14/6 GROWING YOUNG WRITERS- Full day (8:00 am-2:00pm)**
- **Thursday/Friday 17/18 STAR: TEACHING STUDENTS AT RISK (2 full days)**



Perth based face to face: In- schools PD

July

- Sunday 11/7 TWELVE HAPPINESS RULES (4:00-6:00 pm)
- Sunday 18/7 -WINTER WONDERLAND- (4-5:30 pm) Free ★
- Saturday 31/7 ALL KIDS ARE SMART-DEVELOPING POTENTIAL (5:00-7:00 pm)

Perth based face to face:

Fri July 2 JOLLY LEARNING (9:00-3:00 pm) 1 day intensive Jolly Phonics and Jolly Grammar

In- schools PD



August

- Sunday 1/8 USING PICTURE BOOKS TO TEACH PHONICS/READING/WRITING (4:00-6:00 pm)
- Friday 13/8 EMOTIONAL INTELLIGENCE- free talk (6:00-7:00 pm)
- Thursday 19/8 and Friday 20/8 EQ4KIDZ 2 full days (8:00 -2:00 pm)
- Sunday 22/8 SILVER LININGS (4:00-6:00 pm)

Perth based face to face:

Thursday, Friday 5/6 August STAR: Students at Risk- (2 full days)

In- schools PD



September

- Sunday 5/9 TEACHING COMPREHENSION WITH PICTURE BOOKS (4:00-6:00 pm)
- Sunday 12/9 MIND JOURNEYS (4:00-6:00 pm)
- Friday 17/9 JOLLY GRAMMAR full day (8:00 – 2:00 pm)
- Monday 27/9 SILVER LININGS (6:30-8:30pm)



Perth based face to face:

Tuesday 14/9 DEVELOPING A GROWTH MINDSET- (9: 00 am-12)

Friday 24/9 JOLLY LEARNING (full day 9:00-3:00 pm)

In- schools PD



October

- **Sunday 10/10 TWELVE HAPPINESS RULES (4:00-6:00 pm)**
- **Sunday 17/10 CREATIVE APPROACHES TO JOLLY PHONICS (4:00-6:00 pm)**
- **23 and 24 /10 LITERACY GARDEN-(2 full days)**

Perth based face to face:

Thursday 21/10 GROWING WRITERS- (full day 9:00-3:00 pm)

In- schools PD



November

- **Sunday 14/11 GROWING YOUNG WRITERS (4:00-6:00 pm)**
- **Sunday 21/11 GET SET GO!**
DEVELOPING PHONOLOGICAL AWARENESS
GENERAL SCHOOL READINESS (4:00-6:00 pm)
- **Friday 26/11 HAPPINESS RULES (6:00-8:00 pm)**
- **Sunday 28/11 ART FROM THE HEART (4:00-6:00 pm)**



Perth based face to face: In- school PD

December

- Tuesday 7/12 SILVER LININGS (6:30-8:30 pm)
- Saturday 18/12 CHRISTMAS CREATIVITY- free (10:00 am-12)



Perth based face to face:

Fri Dec 3 JOLLY LEARNING

In- schools PD



DESCRIPTION OF COURSES

LITERACY

GET SET GO!

DEVELOPING PHONOLOGICAL AWARENESS/ GENERAL SCHOOL READINESS

A very full 2 hours where we examine research about readiness for school and look at a range of practical strategies to ensure children are ready.

After the seminar you will receive a booklet: READY. SET, GO! With many, many strategies, games and activities that will ensure your child is ready for school.

USING JOLLY PHONICS to HELP CHILDREN WITH LEARNING DIFFICULTIES

Jolly Phonics is extraordinarily effective with children with learning difficulties.

I have utilised the 5 main skills of JOLLY PHONICS to help hundreds of children and help them catch up with their peers. During this workshop I will show you many of the slight “tweaks” I have applied and some of the multisensory, explicit games and strategies that work so well with failing children.

You will receive a full package of games and activities to help you effectively teach all the sounds, blends and TRICKY WORDS.

INTRODUCTION TO JOLLY LEARNING: Free

This free 1 hour workshop gives teachers and parents an overview about JOLLY LEARNING and discusses the research and components of this incredibly successful program.

JOLLY PHONICS

- Find out why this acclaimed program has children reading and writing way ahead of their age level.
- Learn effective, fun ways to get your children phonologically aware and ready for formal phonics.
- Learn about the order of introduction of the 42 sounds and the teaching methods used.
- You will be introduced to the main 5 skills of Jolly Phonics.
- Discover the effective use of the Jolly Phonics Materials and creative ways they can be used.
- What components should be included in a Jolly Phonics lesson?
- How can Jolly Phonics be successfully integrated into your LITERACY program?

This course is recommended for all who are beginning to explore and use Jolly Phonics. It is also great for those who need a refresher.

CREATIVE APPROACHES TO JOLLY GRAMMAR -3 workshops 1/2, 3/4, 5/6

There are 3 workshops that show you how to teach you Jolly Grammar effectively and use games, literature and writing activities to bring your grammar program to life. Choose the one that suits the levels you teach best.

There is one for Jolly Grammar 1 and 2, one for JG 3 and JG 4 and one for JG 5 and 6. Each level has suggested writing topics to use with specific lessons and games and suggested literature to extend the grammar and punctuation teaching.

TEACHING WRITING WITH JOLLY PHONICS - free

Jolly Phonics is a wonderful tool for beginning writers. Learn ways to make sure your budding writers are fully supported and empowered to use their phonological understanding to successfully begin writing.

LITERACY GARDEN (2 days)

This very practical and inspiring course tackles all the important skills of literacy and helps teachers to discover ways they can inspire children to develop a love of all aspects of the literacy process.

It is evidence based and will fully equip educators to provide the CREAM of literacy teaching strategies to their students.

You will learn-

- ✚ The importance, philosophy and method of SYNTHETIC PHONICS
- ✚ Beliefs about literacy and the CREAM approach
- ✚ Phonological awareness and formal readiness improvement
- ✚ Why we have selected Jolly Phonics and how to teach the 5 skills of this program
- ✚ Teaching the alphabet
- ✚ How to teach word families and SIGHT WORDS
- ✚ Early reading stages
- ✚ Suggested format of a LITERACY LESSON
 - Overview of each JOLLY GRAMMAR stage and detailed components of Jolly Grammar 1 and 2.
- ✚ Early writing stages
- ✚ Fitting the literacy jigsaw together:
- ✚ Building comprehension with structured reading books and PICTURE BOOKS
- ✚ Planning literacy sessions
- ✚ Games and art activities for all sounds.
- ✚ Reading games
- ✚ How to choose picture books and reading books
- ✚ What are the essential differences between DECODABLES, SIGHT WORD READERS, MIXED MODE?
- ✚ Grammar and spelling games
- ✚ Evaluation of literacy skills- identification of strengths and weaknesses

This evidence course will leave you energised, excited and competent to teach more effective literacy lessons

DEVELOPING SPELLING SKILLS

A Literacy Garden seminar

Why are spelling skills important?

What spelling skills do we need to teach?

Should we allow children to invent their own spelling?

What are the most effective, enjoyable strategies to practise spelling?

What spelling stages do children pass through and ways to support them at each stage.

USING PICTURE BOOKS TO TEACH PHONICS/READING/WRITING

Picture books are ideal tools can be used to teach all aspects of literacy.

We will teach you HOW to do this with books you probably already own!

You will receive a pack of suggested literacy strategies for 5 popular picture books.

CREATIVE APPROACHES TO JOLLY PHONICS

Learn how to bring your Jolly Phonics program to life!

- Art/craft activities
for each sound
 - songs
 - poems
 - games
 - multisensory, creative activities to grow phonological awareness
- 2 packed hours of fun and learning!**

STAR:

This intensive and very practical 2-day course will teach you the theoretical background you need as well as the practical strategies to really make a difference in children's lives!

This course is suitable for all primary school educators and personnel who work with students at risk.

CONTENT:

Day 1

- ✓ Types and causes of learning difficulties, incidence and contributing factors.
- ✓ Identification of difficulties: testing, observation, planned evaluations.
- ✓ About various form of common difficulties such as ADD, Dyslexia and learning delay.
- ✓ John Medina's Brain rules- applying the to our teaching programs
- ✓ Influence of teacher expectations and personal beliefs about LDs
- ✓ Applying research from Educational Neuroscience
- ✓ CREAM model applied to LDs
- ✓ Learning styles and multiple intelligences: how to profile these children so congruence of learning-teaching style can be assured.
- ✓ Steps to creating comprehensive individual learning plans.
- ✓ How to select appropriate learning programs for students at risk and reading material that supports children at risk
- ✓ How you can meet these children's needs within a busy classroom.

Day 2

- ✓ Ways to work closely and cooperatively with parents.
- ✓ How to nurture and increase self-confidence and motivation within these children.
- ✓ Developing a growth mind-set and incorporating the 12 RULES FOR HAPPINESS on a daily basis.
- ✓ Ways to improve concentration skills.
- ✓ Setting up Mastery Folders to individualise teaching programs
- ✓ Hands on maths strategies that work and materials and games that support struggling children
- ✓ How to keep an open mind and see the potential in every child while nurturing your own wellbeing as you engage in these transformative teaching strategies.

GROWING YOUNG WRITERS

This jam-packed day will leave you enthused, re-energised and excited to start the brilliant teaching strategies you will meet. Even the most reluctant writers will respond to these creative approaches.

Every strategy will be demonstrated to ensure you fully understand.

Each participant will receive a digital pack of MIND-JOURNEY visualisations, story starters, vocabulary helpers, writing affirmations and MAD writing topics.

This workshop is suitable for all teachers who work with children aged 6-12 years.

TEACHING COMPREHENSION WITH PICTURE BOOKS

Comprehension is an essential component of reading. Using picture books can really improve your children's comprehension at all levels- literal, inferential and evaluative.

A range of picture books will be presented with specific strategies to develop understanding. All strategies will be demonstrated to you.

You will be given a special booklet- DIVING DEEPLY INTO PICTURE BOOKS to help you apply the knowledge from this seminar into your homes and schools.

MIND JOURNEYS

Mind-journeys is an "inside-out" writing strategy, written and researched by me. I have written specific mind-journeys (types of visualisations) to help children access the right-hand side of their brains, grow their imaginations and be able to let their thoughts fly on paper.

Children introduced to this technique usually double their writing output within 3 months. They LOVE the approach and it takes the most reluctant writers and helps them to love the process.

You will receive 10 mind journeys to help you start this approach.

JOLLY GRAMMAR full day

- Find out how Jolly Grammar teaches grammar, spelling and punctuation.
- Learn about some of the components of the whole program- Jolly Grammar 1-6.
- Examine a research study about Jolly Grammar in a Perth Primary school.
- Find out some ways Jolly Grammar can transform children's writing and help them ALL to have success
- Discover ways to use MENTOR texts can be used to deepen understanding of various grammar, spelling and punctuation concepts.
- Learn some simple but effective fun games to help your students learn to LOVE this program and remember to apply these concepts to their writing.

This course is recommended for all who are beginning to explore Jolly Grammar. It is also great for those who have done a previous course and need a refresher.

ALL KIDS ARE SMART: DEVELOPING POTENTIAL

This is a course for parents and teachers who want to ensure they are helping children to reach for the stars and reach their highest potential.

The course will teach you about the nature of INTELLIGENCE and very practical strategies to help children of all ages to reach academic potential- in all areas.

I believe EVERY child is smart but it is up to us to help children learn in ways that will stimulate, enthuse and lead children to be curious and confident and ENJOY challenges.

All attendees will receive a testing instrument that will help you learn your children's strengths and weaknesses and be given many suggestions to improve all academic areas.

Courses relating to EMOTIONAL INTELLIGENCE and GROWTH MIND-SET

GROWTH MINDSET

WHAT is a Growth Mindset?

HOW does it contribute to academic success?

How do I develop a Growth Mindset so that I can model to the children in my care?

Our seminar will empower you to help your students become more resilient, positive and develop I CAN attitudes. You will receive many practical tools to help you bring this approach into your classrooms including:

Gratitude journal

Seeds of Hope affirmation cards

12 Happiness Rules

HELPING CHILDREN SET GOALS AND DEVELOP MOTIVATION AND FOLLOW-THROUGH

The first few months of the year have a sort of magic positive energy around them. This is the time to set goals, increase motivation and learn how to follow-through.

This course for parents, educators and therapists will show you ways to help children become SELF-motivated and share planning templates we have used with great success. You will also view some videos of teachers helping children to set goals and draw up plans.

You will also be given a range of follow-through strategies even very young children can implement.

Harness the positive energy of these beginning months and help your children to reach for the stars in 2021!

TEACHING FLEXIBILITY AND RESILIENCE

Flexibility and resilience are the 2 keys to success in this fast- changing world and never more so in this troubling pandemic year.

But HOW can we help children to develop these keys?

The practical strategies in this course are drawn from the highly successful EQ4KIDZ course and will empower children to gradually develop FLEXIBILITY and RESILIENCE as they negotiate the slippery slope of 2021!

Parents, educators and therapists will learn 5 enjoyable strategies that have been trialled with thousands of youngsters with great success. This is a very practical course and it will leave you feeling enthusiastic and confident to help children develop these all important attributes.

NEW START: for parents, educators and therapists

This course was written to help children who –

- may have found school difficult and lost confidence in their academic difficulty
- have difficulty forming friendships
- experience difficulty handling strong emotions
- have low self-esteem and often display negative attitudes

Attending educators, parents and therapists will learn how to run a FRESH START program in their educational or home settings and apply very practical, creative strategies to increase self-confidence, hope and an “I CAN” attitude for all children.

You will also learn how to use AFFIRMATION cards to help children develop growth mind-sets and be provided with a FREE set of SEEDS OF HOPE affirmation cards.

SILVER LININGS

This course is part of our EQ4KIDZ program and is designed for educators, therapists and Parents. It will show you practical strategies to help children to adopt positive mindsets in all situations, learn from mistakes and plan for future success.

I will show you how to use a strategy called, “time-shifting” to help children realise there is always some good in EVERY situation and every situation can be turned around. You will learn our “situation microscope” to help children understand this.

You will also learn our FACE approach to problem solving so your children can feel they have some power and can make good choices.

PICTURE BOOKS AS A HEALING TOOL-free

This is a free seminar to showcase some of the excellent picture books that can be utilised to help children develop emotional intelligence and a positive mindset.

I will share some of my favourites and talk about WHY they are so effective.

You will receive a list of all these books.

These HEALING BOOKS are part of our highly successful and fully researched EQ4KIDZ course.

Educators, therapists and parents are encouraged to attend.

ART FROM THE HEART

This a 10 week program for children to help them get to know themselves and improve motivation, boost self-confidence and learn how to use art and journaling to enhance all areas of their lives. All aspects of this program have been trialled and shown to be successful.

This seminar will empower you to run this program within your own home or educational setting.

You will receive the topics and suggested teaching ideas for all 10 weeks so you can run this course yourselves.

We have helped thousands of children utilise art to transform themselves and feel happier with positive mind-sets.

BREAKING THROUGH THE BARRIERS

Some children feel as if there are invisible barriers stopping them from breaking through to higher academic results, friendships and higher levels of happiness. These are a little akin to the “Glass ceiling” we talk about in the workplace.

Children usually don’t understand that the greatest barriers are their own negative attitudes and closed mind-sets. This course will empower you to gently help your children to open their minds and start to take control of their own success. This is a very practical seminar and you will be on your feet and actively participating in the well- researched strategies!

TWELVE HAPPINESS RULES

I have long been impressed by the research and excellent programs run by Stephen and Sean Covey. This program grew from my research into their work and extension into 12 steps that really help children reach their potential and become happier and more self confidence.

This program has been run as an adjunct to my EQ4KIDZ course and has benefited hundreds of children.

You will learn what these 12 steps are and why they were included. You will receive a full package with posters and catchy rhymes to help children remember each step to help you put this program into practice.

WINTER WONDERLAND

This 1.5 hours FREE workshop is to help parents and educators celebrate the wonders of WINTER with their children. You will be led through many creative, interesting arts/crafts activities and given a WINTER WONDERLAND booklet of suggestions.

Your children might like to attend with you for this one!

It doesn't matter if you don't have winter in your part of the world- ALL kids want to experience SNOW, make SNOWMEN and learn how to make snowflakes. Believe me- they will definitely learn about all these during this fun workshop!

EMOTIONAL INTELLIGENCE- free talk

This seminar will introduce you to the importance of EMOTIONAL INTELLIGENCE and ways you can raise your EQ and help children to raise their EQ as well.

EQ4KIDZ 2 full days

This is a 2 - day course for educators, parents and all personnel who work with children.

You will learn, how do WE develop emotional intelligence and growth mind-sets and why is this important?

This course targets resilience, self-esteem, positive mindset, mindfulness, improving social skills, emotional literacy, confidence, anger management, problem solving, goal setting and much more

Participants are taken through the research into this area and then led through practical life-skills applications to develop their own EQ.

This course draws heavily from Daniel Goleman's research along with Stephen and Sean Covey, Carol Dweck, the Virtues Project and our own research in Australia.

This course has been full researched by Curtin University in Western Australia and found to be very effective. It has helped thousands of children to develop positive mindsets.

Drama, puppets, art, music, small group discussions and deep reflection times are some of our strategies.

Each participant receives a reflection journal to record their insights and help them to transfer this understanding to their work with children.

Participants are led through each teaching module (there are 5) and learn the teaching strategies, picture books, games and art/craft and music with each facet of the course:

The 5 modules are named:

Who am I
I am in charge of myself
Who are you?
Moving on
Just do it!

They receive a pack of materials that will enable them to immediately utilise these powerful strategies in their classrooms.

CHRISTMAS CREATIVITY- free

This is a fun workshop to help children celebrate the joy of Christmas. I will be sharing lots of crafts and art ideas and you children might like to attend with you.

- ✓ After I have shown you lots of ideas for making meaningful art/craft and Christmas games and fun activities we will look at 5 Christmas picture books and you will receive a booklet of all the ideas we have discussed.

Stay in Touch with Social Media

Ideas for teachers: TEACHSPIRATIONS: facebook page

<https://www.facebook.com/victoriacarltonideas>

A group: STAR- Students At Risk:

<https://www.facebook.com/groups/studentsatrisk/?fref=ts>

Teachers Pay Teachers Store:

<https://www.teacherspayteachers.com/Store/Victoria-Carlton-Programs>

Victoria Carlton Programs: <https://www.facebook.com/VCPrograms/>

Victoria Carlton's Child Whisperer's Blog: <http://victoriacarlton.com.au>

Website: www.vcprograms.com

Pinterest: <https://au.pinterest.com/victoriacarlton/>

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Victoria Carlton Programs whatsapp group: I usually post at least one learning tip per day in here.

<https://chat.whatsapp.com/F7760VorG5tLBeAUwucg7I?fbclid=IwAR12Lbg5f-W5CMGishSRm1YjXYvoTr45e8pa83kM0S3lwRMvyX8cbFuqqgY>

